

EXHIBIT E

IN THE UNITED STATES DISTRICT COURT
FOR THE NORTHERN DISTRICT OF ILLINOIS
EASTERN DIVISION

KEITH ROGERS, et al.,

Plaintiffs,

vs.

No. 1:15-cv-11632

SHERIFF OF COOK COUNTY, et al.

Defendants.

The Deposition of DR. JASDEEP MANGAT, taken remotely before JEANINE WATKINS, C.S.R., pursuant to the provisions of the Federal Rules of Civil Procedure of the United States District Court, pertaining to the taking of depositions, commencing at the hour of approximately 8:00 a.m. Central Time on September 29, 2022.

A P P E A R A N C E S:

(All parties participated remotely.)

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Appeared on behalf of Sheriff of Cook County.

1 A. 2005 to 2009.

2 Q. And what did you major in?

3 A. Biochemistry and Cell Biology.

4 Q. And then did you work at all while you were
5 in college?

6 A. I did not.

7 Q. After college did you attend any further
8 school?

9 A. I did.

10 Q. And what was that?

11 A. I went to medical school.

12 Q. And where did you go to medical school?

13 A. Baylor College of Medicine in Houston.

14 Q. And what years?

15 A. 2009 and graduated in 2014.

16 Q. And then did you complete a residency after
17 that?

18 A. I did.

19 Q. And where did you complete that residency?

20 A. At Montefiore Hospital in New York City.

21 Q. And what were your duties at Montefiore
22 Hospital?

23 A. I was a resident physician in internal
24 medicine. I had an outpatient practice as well as

1 Q. What year was that?

2 A. That was in 2014.

3 Q. Did you study that concurrently with
4 medical school, or was that during your residency?

5 A. With medical school.

6 Q. After your residency what was your next
7 employment in the medical field?

8 A. My next employment was at Rikers Island in
9 October of 2017, while simultaneously I was also
10 working internationally doing a global health and
11 clinical skills fellowship in Uganda.

12 Q. And when you started at Rikers Island what
13 was your title?

14 A. Attending physician.

15 Q. Was that like an internist?

16 A. Yes. As an internal medicine doctor, yes.

17 Q. When you first started did you do any work
18 with -- strike that.

19 I refer to it as the OTP or the KEEP
20 program. I don't know what's the easiest way to
21 address that during the deposition, if you have a
22 preference.

23 A. KEEP program would work.

24 Q. So for the record, what is the KEEP program

1 medicine at Rikers?

2 A. Until about end of June, 2018. So
3 beginning of July of 2018.

4 Q. What was your next role at Rikers after
5 that?

6 A. The deputy medical director of the KEEP
7 program. .

8 Q. Why did you make the move to the KEEP
9 program at that point?

10 A. At that point I had been turning -- I was
11 interested in treating individuals with substance
12 use disorders. That position had opened up
13 recently, and it was a nice fit for my interests.

14 Q. What were your duties as the deputy
15 director?

16 A. It was a mixed set of duties, but it
17 included taking care of patients with substance use
18 disorders as well as administrative tasks as it
19 related to the KEEP program..

20 Q. What sort of administrative tasks?

21 A. One would be at that time we were offering
22 -- we were expanding our access to buprenorphine in
23 Rikers Island. So coordinating around expansion of
24 buprenorphine in the jails, letting other physicians

1 Q. Do you maintain the licenses?

2 A. Yes.

3 Q. Jumping back, after you were the deputy
4 director at Rikers what was your next position?

5 A. Medical director of substance use
6 treatment.

7 Q. Is that the same thing as head of the KEEP
8 program, if I say that correctly?

9 A. Yes.

10 Q. When did that happen?

11 A. January of 2020.

12 Q. How long were you the medical director of
13 the KEEP program?

14 A. Until September, 2021.

15 Q. And then did you leave Rikers at that
16 point?

17 A. Yes.

18 Q. What was your next position? What did you
19 leave Rikers for?

20 A. I left Rikers in September, 2021, to move
21 with my wife to Rwanda.

22 Q. And are you currently working in Rwanda?

23 A. Yes.

24 Q. What are you doing in Rwanda?

1 going through a significant amount of withdrawals
2 and if I had an opportunity to see them or another
3 physician to see them, we would also occasionally
4 maintain them on 20 milligrams until we could verify
5 their dose.

6 Q. Assuming it was normal, under normal
7 circumstances, how long between when a new detainee
8 was first seen by the intake at Rikers would they be
9 provided with their first dose of methadone or
10 buprenorphine?

11 A. Within a few hours.

12 Q. Generally how are -- if you know, how are
13 opioid treatment programs regulated?

14 A. By the federal government's guidelines set
15 forth by SAMHSA, which is the Substance Abuse and
16 Mental Health Services Administration.

17 Q. And that's the same professional facility?

18 A. Yes. SAMHSA will certify an OTP, but in a
19 correctional facility, NCCHC, the National
20 Commission For Correctional Healthcare, is the body
21 that will go in and do an audit and a credit, an OTP
22 in a correctional setting.

23 Q. Are you familiar with the Code of Federal
24 Regulations over the opioid treatment programs?

1 certification or accreditation?

2 A. Not directly. During the accreditation
3 process I didn't have any -- when I was there I was
4 a deputy medical director, and that was the -- the
5 accreditation process was the committee was
6 spearheaded by the medical director and other people
7 within the program.

8 Q. One of the main reasons we're here today is
9 talking about the OTP at the Cook County Jail. Do
10 you know if the Cook County Jail OTP was certified
11 by SAMHSA for the class period?

12 A. I do know. They were.

13 Q. Same question with accreditation through
14 NCCHC. The Cook County OTP was accredited the
15 entire time; is that right?

16 A. Yes.

17 Q. What is SAMHSA?

18 A. SAMHSA the organization on the Department
19 of Health and Human Services that is in charge of
20 the regulation of opioid treatment programs in the
21 country.

22 Q. And do they release federal guidelines?

23 A. Yes.

24 Q. So I'm going to show you what's been marked

1 Q. Okay. Do you have an opinion as to whether
2 or not the Cook County Jail's OTP policies violate
3 any of the SAMHSA guidelines?

4 A. They do not, based off the fact that they
5 received certification by SAMHSA.

6 Q. Do you know if -- strike that.

7 In order to receive certification from
8 SAMHSA does an OTP have to submit their written
9 policies?

10 A. Yes.

11 Q. Is that something Rikers did?

12 A. Yes.

13 Q. And as far as you know that's something
14 that Cook County Jail did?

15 A. Yes, as far as I know.

16 Q. And to make my defendant co-defense counsel
17 I will spell this out.

18 When I say the OTP, the Cook County Jail,
19 are you familiar with the -- if I say Cermak do you
20 know what I'm talking about?

21 A. Can you clarify just so I make sure?

22 Q. I just want to make sure we're all on the
23 same page here. Cermak is the medical provider, a
24 portion of Cook County that's the medical provider

1 at the Cook County Jail. So if I say Cermak on the
2 Cook County Jail, I'm talking about the medical
3 staff who treats patients at the Cook County Jail.

4 A. Okay.

5 Q. That's fair to say?

6 A. Yes.

7 Q. Okay. Because I've been doing this so
8 long, in many occasions we go back and forth and I
9 don't want to confuse anybody.

10 Same questions about the -- strike that.

11 So you also talked about the accrediting
12 body, the NCCHC. That's the National Commission on
13 Correctional Healthcare, correct?

14 A. Yes.

15 Q. And what is the NCCHC?

16 A. They are the accrediting body directly as
17 it relates to OTPs that will come in and audit an
18 opioid treatment program and provide -- whether or
19 not they pass accreditation or not, and that's the
20 indication for SAMHSA to certify an OTP or not.

21 Q. And you say they audit. Well -- strike
22 that.

23 Does the NCCHC, I think you already said
24 they did accredit the KEEP program, correct?

1 A. Yes.

2 Q. And you mentioned that they audit the
3 program. What do those audits entail?

4 A. The audits entail a visit by
5 representatives from NCCHC that will come in and
6 look at the policies of the OTP as well as looking
7 at evidence that those -- that that OTP is meeting
8 all the clinical standards set forth by the NCCHC.

9 Q. Does the -- does the individual OTP also,
10 are they required to provide copies of their
11 policies to the NCCHC?

12 A. I don't know if they are required to
13 provide copies as much as I know that the NCCHC
14 reviews the policies on site.

15 Q. So the NCCHC is aware, is familiar with the
16 written policies of any OTP that they accredited; is
17 that fair to say?

18 A. Yes.

19 Q. In this case, you know, there are two
20 different issues, but in particular you are critical
21 of the tapering policy at the Cermak OTP. Is that
22 fair to say?

23 A. Yes.

24 Q. Was that policy -- was that policy, strike

1 that.

2 Was the tapering procedures at Cermak
3 during the class period set forth in their written
4 policies?

5 A. Can you explain what exactly you mean by
6 their tapering policy?

7 MR. FLAXMAN: Let me suggest this might be
8 a good time to take a five-minute break.

9 MR. HENRETTY: Sure. Yes. I'm sometimes
10 bad about that, but absolutely that's fine with me.

11 (There was a discussion
12 held off the record.)

13 BY MR. HENRETTY:

14 Q. Doctor, we were talking about NCCHC
15 accreditation and audits before we took a break.
16 You mentioned that they, NCCHC would review the
17 policies during these audits of the OTP. What else
18 do those audits entail?

19 A. They also go to tour the facilities, tour
20 the medication of patients as well as meet with
21 patients.

22 Q. Would they do chart review?

23 A. I don't know.

24 Q. Did you have any opinion in this case as to

1 whether or not the OTP at the Cook County Jail was
2 in compliance with NCCHC guidelines during the class
3 period?

4 A. They were.

5 Q. I'm going to briefly show you -- can you
6 see that, Doctor?

7 A. Yes. I can see this.

8 Q. I'll mark that as Exhibit 2.

9 (Exhibit Number 2 was
10 identified for the record.)

11 Can you tell me what this document is?

12 A. Can you scroll down?

13 Q. Absolutely. I'll tell you it's not the
14 entire document. It's just a few sections of it.

15 A. Yeah. It's the NCCHC standards.

16 Q. And that's from 2016?

17 A. Yes.

18 Q. Do you know if that's their most recent set
19 of standards?

20 A. It is their most recent.

21 Q. And there is some handwriting on the top
22 that obviously is not part of the actual official
23 manual, as I assume?

24 A. No. It is not part of their official

1 A. It doesn't specify in O-E-05 if they are
2 referring to somebody coming on opioid agonist or
3 opioids in the community that they are using
4 recreationally.

5 Q. Is there a difference in treatment between
6 someone who is withdrawing from an opioid agonist
7 versus someone who is withdrawing from another kind
8 of opioid?

9 A. No.

10 Q. In your expert report you mention the
11 American Society, or you cite to the American
12 Society for Addiction Medicine. ASAM. Is that the
13 right acronym for that?

14 A. Yes.

15 Q. What -- when I say ASAM I mean the American
16 Society For Addiction Medicine. What is ASAM?

17 A. ASAM is an organization of addiction
18 medicine doctors that in their guidelines set forth
19 recommendations around certain diagnoses and
20 treatment of certain diagnoses as it relates to
21 addiction medicine.

22 Q. Are you a member of ASAM?

23 A. I am not a member of ASAM.

24 Q. Does ASAM have any regulatory authority?

1 as MAT, with FDA approved medications such as
2 methadone or buprenorphine. Did I read that
3 correctly?

4 A. Yes.

5 Q. What is medication assisted treatments or
6 MAT?

7 A. It's the treatment with -- it's the
8 treatment with medications for individuals that have
9 opioid use disorders. And the examples they give
10 here are methadone, buprenorphine, or even
11 naltrexone.

12 Q. Are there any other, just so I know the
13 universe that I'm talking about, are there any other
14 drugs that you are referring to when you say MAT
15 other than those three, for purposes of this case?

16 A. No.

17 Q. What is methadone?

18 A. Methadone is an opioid, a long-acting
19 opioid.

20 Q. And why is it used as medication to treat
21 addiction to other opioids?

22 A. Well, one, there is a longer half life with
23 methadone as opposed to opioids such as heroin,
24 morphine, oxycodone. And so it generally can

1 require about once a day dosing with individuals.
2 So it's one of the reasons. As well as it doesn't
3 have as much of a peak effect as some of the other
4 opioids, so there is less of a euphoria that is
5 associated with it.

6 Q. Is there any euphoria associated with
7 methadone?

8 A. My understanding is there is some.

9 Q. Can you quantify that? Is it 10 percent of
10 heroin, 50 percent?

11 A. I cannot.

12 Q. You use the phrase half like or the term
13 half life. What does half life mean?

14 A. Half life is the time it takes for the
15 medication to be reduced by half in the body.

16 Q. And what is the importance or relevance of
17 the word -- strike that.

18 What is the importance of the word half
19 life in this context?

20 A. In this context, half life is important as
21 it relates to when -- how long it takes before
22 someone might start to feel the withdrawal effects
23 of an opioid.

24 Q. And do they start to feel the withdrawal

1 also affect an EKG.

2 Q. If I use this phrase right, are there any
3 medications that are contraindicated for methadone?

4 A. I don't know right now if there are any
5 that are contraindicated, but I do have -- I would
6 not give other opioid -- I would not give other
7 sedating medications with methadone.

8 Q. Why not?

9 A. Because of the risk for sedation.

10 Q. Is it -- if you're on methadone and you --
11 if one is on methadone and they also take another
12 opioid, either, let's say an illegal opioid like
13 heroin, how would that affect them?

14 A. It depends on how long they've been taking
15 methadone, what's their dose of methadone, how much
16 of heroin they are taking, is it laced with
17 fentanyl, how are they taking it, when are they
18 taking it.

19 Q. What is buprenorphine?

20 A. Buprenorphine is a partial opioid agonist.

21 Q. And partial versus methadone, which is a
22 whole opioid agonist or a total opioid agonist?

23 A. Full opioid agonist.

24 Q. Full. Thank you. What does it mean to be

1 a partial opioid agonist?

2 A. It means within the terms of pharmacal
3 kinetics that with buprenorphine you'll get a
4 ceiling effect. Effectively at some dose you don't
5 necessarily have the same effect that you might have
6 if you are increasing from a lower dose.

7 Q. What does -- medically what does
8 buprenorphine do? Is it the same as -- that's
9 different than methadone?

10 A. It actually functions pretty similarly as
11 methadone in that it is also an opioid agonist and
12 binds to opioid receptors just like methadone does.

13 Q. Are there benefits taking buprenorphine as
14 opposed to methadone?

15 A. There are benefits and risks as compared to
16 methadone. And I think every individual has
17 preferences depending on their circumstances and
18 context.

19 Q. Can you tell me what the benefits are?

20 A. With buprenorphine, the benefit is you
21 don't have to go in to an opioid treatment program
22 if you're in the community every day to get
23 medicated. So usually individuals will go once
24 every two weeks or once every month to see their

1 A. Naltrexone is an opioid antagonist.

2 Q. What is an opioid antagonist as opposed to
3 an opioid agonist?

4 A. It completely blocks the opioid receptors
5 in your body as opposed to binding it like an opioid
6 agonist.

7 Q. And why is that given as opposed to the
8 other two? Under what circumstances, I should say?

9 A. Again, it's patient preference. If they
10 don't want to be on an opioid agonist and they want,
11 much rather not risk even taking it, taking any
12 opioid or feeling any effects of opioid, they prefer
13 to be on naltrexone.

14 Q. Naltrexone doesn't have any sense of
15 euphoria, I would assume?

16 A. No.

17 Q. Does buprenorphine?

18 A. It can, yes.

19 Q. What are the side effects of naltrexone?

20 A. The biggest side effect to worry about with
21 naltrexone is if you have any opioid in your system
22 it can cause immediate withdrawal if you're taking
23 naltrexone.

24 Q. Does it have any -- does it lessen

1 Q. In your opinion, are there any limitations
2 on providing MATs in jails that are different from
3 limitations in the community?

4 A. Absolutely.

5 Q. And what are some of those limitations?

6 A. The biggest limitation is, for one, getting
7 all of the jails and prisons in the system to offer
8 medication assisted treatment. I would say that's
9 the first limitation.

10 The second limitation is being that the
11 individuals are incarcerated or detained, having to
12 do daily observed therapies for every individual
13 including for buprenorphine while dealing with the
14 challenges of housing, escorting patients to get
15 their medication, to go see medical, alarms that
16 might be going off during these circumstances, just
17 to name a few of the challenges that are different
18 from the community.

19 Q. You mentioned, and we'll talk about this
20 kind of throughout, but you mentioned that one
21 limitation was getting jails and prisons to offer
22 MAT. Do you know today roughly how many -- start
23 with jails in the country, we're in different
24 countries right now, in the United States, offer

1 MAT?

2 A. I don't know roughly how many.

3 Q. Do you know if it's more than 50 percent?

4 A. It's not more than 50 percent. It's less
5 than 50 percent.

6 Q. Do you know if it's more than 10 percent?

7 A. I don't know.

8 Q. How about 20 percent? Do you know if it's
9 more than 20 percent?

10 A. I don't know. My impression, my best guess
11 would be it's less than 20 percent, but I can't say
12 that with certainty.

13 Q. Has that number changed since 2013?

14 A. Yes.

15 Q. How has it changed?

16 A. It's increased.

17 Q. So in 2013 it would have been less than it
18 was now?

19 A. Yes.

20 Q. Would it have been significantly less than
21 it was now?

22 A. Hard to say. I don't think it's probably
23 that much different, to be completely honest, but
24 I'm not entirely sure.

1 Q. We'll come back to that a little bit later.

2 Opinion Number 2, if I'm reading this
3 correctly: Forced opioid withdrawal of individuals
4 with OUD, which includes tapering prescribed agonist
5 medication can cause undue harm -- sorry. Tapering
6 prescribed agonist medication can cause undue harm
7 and suffering, while placing these individuals at an
8 increased risk of relapse, overdose, and death.

9 Did I read that correctly?

10 A. Yes.

11 Q. Can you define forced opioid withdrawal for
12 me?

13 A. I would say individuals that did not choose
14 to go through withdrawal of their opioid agonist
15 treatment.

16 Q. Is there a difference in your mind or in
17 your opinion between forced opioid withdrawal
18 through tapering and forced opioid withdrawal from
19 stopping the treatment without tapering, meaning
20 immediately?

21 A. There is a difference between those two.

22 Q. And what would that difference be?

23 A. The difference is the withdrawal effects
24 will be notably more with those that are stopped

1 completely as opposed to going through a taper.

2 Q. Of those two situations, which is better
3 for the patient, tapering or stopping without
4 tapering?

5 A. Tapering.

6 Q. Is it, would you say, significantly better
7 for the patient? Can you quantify it?

8 A. Without a doubt, better.

9 Q. Have there been any studies that you're
10 aware of on this or peer-reviewed journal articles
11 or anything like that on tapering versus stopping
12 immediately?

13 A. I am not personally aware of those
14 articles, though I imagine they exist.

15 Q. Just because it's easier, if I say the
16 phrase, cold turkey, to mean stopping without
17 tapering or any other fanfare, does that make sense
18 to you?

19 A. Yes.

20 Q. The phrase. Okay. In this case, this
21 class action, there are three named plaintiffs. Are
22 you aware of that?

23 A. Yes.

24 Q. Do you know if the three named plaintiffs

1 A. I am not aware.

2 Q. Are you aware if any class members died in
3 this case after there --

4 A. I am not aware.

5 Q. Let me just go back to your third
6 statement. Your third opinion is that the delay in
7 the administration of the OTP prescriptions like
8 methadone or buprenorphine will result in the
9 worsening of or onset of withdrawal symptoms.

10 Did I read that correctly?

11 A. You did.

12 Q. Does every patient who has tapered off of
13 methadone suffer withdrawal symptoms?

14 A. Not necessarily.

15 Q. About how many? Can you make a percentage
16 on that, what percentage do suffer and which ones
17 don't?

18 MR. FLAXMAN: I'm going to object to the
19 form of the question. It's not specified as to what
20 you mean by tapering.

21 BY MR. HENRETTY:

22 Q. Well, as it's been described. It was
23 defined by the witness earlier today.

24 Do you have a sense of a percentage as to

1 which patients suffer withdrawal symptoms and which
2 ones don't?

3 A. I don't -- I'm not able to put a
4 percentage, but I can say from my personal
5 experience the majority of individuals who go
6 through a taper, particularly an involuntary, forced
7 withdrawal, are going to go through withdrawal.

8 Q. Are going to go through withdrawal?

9 A. Are going to go through withdrawal
10 symptoms.

11 Q. Does that change -- in your experience,
12 does the level of severity of the withdrawal
13 symptoms change based on the length of time and the
14 amount of the taper?

15 A. Yes.

16 Q. How so?

17 A. If the taper is -- if the length of time is
18 longer or the taper is shorter, meaning not -- like
19 the amount that they decrease every time, and that
20 they go through a longer period from the point in
21 which they start and the point in which they finish
22 the taper, usually is tolerated better than if it
23 was a shorter amount of time in which they underwent
24 the taper.

1 Q. As far as the onset of symptoms for -- or
2 withdrawal symptoms, when would you expect or when
3 have you experienced in your work what you have
4 experienced watching or a detainee going through
5 withdrawal, when do the symptoms onset? Is that
6 immediately upon starting the taper? Is there a set
7 period of time? Does it depend on anything else?

8 A. It depends on a variety of factors. It
9 depends on their last dose of methadone. It depends
10 on how often they've been taking it prior to that.
11 It depends on their own individual, I think, genetic
12 makeup in terms of how they metabolize. Other
13 medications they might be on. Just to name a few of
14 the factors that can affect half life and can affect
15 onset of withdrawal symptoms.

16 Q. How would their metabolism affect the onset
17 of withdrawal symptoms?

18 A. Within methadone there are some individuals
19 that can be rapid metabolizers of methadone. And so
20 what I mean by that is the enzymes that metabolize
21 methadone, depending on each individual, metabolize
22 on a different rate which cause a variability on the
23 half life of methadone depending on the person.

24 Q. What withdrawal symptoms do you associate

1 with withdrawal from methadone?

2 A. It's the same withdrawal symptoms I expect
3 from individuals that are withdrawing from any
4 opioid. And those symptoms could be diarrhea,
5 sweating, anxiety, tremor, restlessness, nausea,
6 vomiting, just to name a few. Agitation.

7 Q. And I know that the severity of that
8 probably, as we sort of discussed, can change person
9 to person, but is it a -- how dangerous are the
10 withdrawal -- how dangerous is withdrawal from,
11 let's start with cold turkey? Strike that.

12 If a patient quits an opioid agonist like
13 methadone, cold turkey, how severe would you expect
14 the withdrawal symptoms to be?

15 A. I would expect them to be severe, assuming
16 that they were taking the medication every day and
17 on a regular basis for an extended period of time,
18 more than a few weeks.

19 Q. How dangerous would those withdrawal
20 symptoms be?

21 A. Dangerous because of the biggest risk in my
22 opinion is that when someone is going through
23 withdrawal, the risk of relapse and overdose from
24 that relapse is quite high.

1 arrived at the Cook County Jail on 23rd, got the
2 first dose on the 25th, it's your opinion that at
3 least some of the withdrawal effects he was
4 experiencing are related to his not taking
5 methadone, right?

6 A. Yes.

7 Q. Do you know when the Cook County Jail OTP
8 staff was able to verify his dose?

9 A. I -- my understanding based off
10 Dr. Richardson's report, it was done December 24th.

11 Q. And that, you mentioned earlier that the
12 holidays sometimes slow down getting responses from
13 OTPs in the community?

14 A. Yes.

15 Q. And that December 24th being Christmas Eve?

16 A. Yes.

17 Q. And the OTP wouldn't have been able to
18 start that process until he arrived at the Cook
19 County Jail. Would you agree with me on that?

20 A. Yes.

21 Q. How would you be able to determine -- well,
22 strike that.

23 Does withdrawing from heroin and
24 withdrawing from methadone, did those cause the same

1 withdrawal symptoms?

2 A. Yes.

3 Q. How would you, one, be able to tell the
4 difference between withdrawing from heroin and
5 withdrawing from methadone?

6 A. You wouldn't.

7 Q. Does one overpower the other, meaning is
8 the heroin withdrawal worse than the withdrawal from
9 methadone or are they the same?

10 A. I don't think you can say one is worse than
11 the other.

12 Q. Would they be compounded if you were
13 withdrawing from both at the same time?

14 A. Yes.

15 Q. So it would be worse to withdraw from both
16 heroin and methadone than it would be to withdraw
17 from one or the other?

18 A. Yes.

19 Q. And then is it your understanding that
20 Ms. Hollins arrived on September 12th and received
21 her first dose on September 13th of the year she was
22 incarcerated?

23 A. Yes. But also her last dose of methadone
24 was on September 11th.

1 than if you started at 200 and reduced by 50?

2 A. That is correct.

3 Q. The last written opinion or the last
4 identified opinion is: Tapering individuals off
5 their prescribed opioid agonist medication because
6 the treatment will be discontinued in the event the
7 detainee is transferred to IDOC causes unnecessary
8 harm to the individuals who enter the Cook County
9 Jail to serve a misdemeanor conviction, and ignores
10 the fact per my understanding that less than 15
11 percent of individuals who enter the jail serve time
12 in the Illinois Department of Corrections (IDOC).
13 Did I read that right?

14 A. You did.

15 Q. So as we discussed, tapering being better
16 than cold turkey, would you agree with me that the
17 15 percent -- I know it's -- let's call it 15
18 percent -- of individuals who went into the Illinois
19 Department of Corrections benefitted from the taper?

20 A. Versus going cold turkey?

21 Q. Yes.

22 A. Yes.

23 Q. And let me ask you that. Are you aware
24 whether or not the Illinois Department of

1 Corrections provides any MAT?

2 A. I'm aware that during this class action the
3 timeframe from the class action lawsuit base did not
4 offer MAT.

5 Q. So it would have been worse for them if
6 they had not tapered and gone cold turkey in the
7 IDOC?

8 A. Yes.

9 Q. Do you know what percentage of detainees
10 are released from the Cook County Jail and then
11 directly transferred into another county pursuant to
12 a warrant?

13 A. I am not aware.

14 Q. Do you know if there is any other county
15 jail in Illinois that offers MAT?

16 A. As far as my understanding, there is not
17 any other jail in -- this is Cook County, correct?

18 Q. Yes, correct.

19 A. Yes. No other jail in Cook County offers
20 MAT.

21 Q. No. There is no other jail in Illinois?

22 A. Sorry. Correction. There are no other
23 jails in Illinois that offer MAT as far as my
24 understanding.

1 the time scale of their dose reduction was dictated
2 less by their individual medical needs and more by
3 charges or for administrative expediency.

4 Do you see that?

5 A. Yes.

6 Q. Was that the policy at Rikers at the time?

7 MR. FLAXMAN: Objection. Was what the
8 policy of Rikers?

9 BY MR. HENRETTY:

10 Q. Was it the policy of Rikers at the time to
11 detoxify the patients who were being sent -- who had
12 been sentenced to felonies?

13 A. I don't have personal knowledge about that,
14 but that is my understanding.

15 Q. That's still the policy today if they are
16 over two years, is that right, or at least it was
17 when you left? If they were sentenced to more than
18 two years you were withdrawn from methadone?

19 A. When I left Rikers that was the policy.

20 Q. And then was that a violation of the
21 standard of care in your opinion in 2015?

22 A. Well, was what a violation of the standard
23 of care?

24 Q. Tapering the patient, or the detainees, off

1 of methadone prior to sending them to state prison.

2 A. Yes.

3 Q. Is it still a violation of the standard of
4 care since they were doing it now -- or they doing
5 it there when you left? Excuse me.

6 A. Yes.

7 Q. And that was the case when you were running
8 the program as well?

9 A. What was the case?

10 Q. It was the case that they did taper inmates
11 off of methadone prior to sending them to state
12 prison?

13 A. Yes. And that was a violation of the
14 standard of care.

15 Q. If you look under that same Rapid Dose
16 Reduction section, some phone quotes from detainees
17 who were talking about the detox. Do you see those?
18 Hold on. I'll have to show them to you. There is
19 one on the bottom here and then another two at the
20 top. I don't know if I can get -- I can't see
21 exactly what you guys are seeing, so I don't know if
22 you are seeing them or not.

23 You see where it says: It was amazing
24 because?

1 A. A standard of care would be a general
2 consensus or practice around a treatment of a
3 specific disease.

4 Q. You mentioned earlier you that you thought
5 that Rikers while were you there and to this day is
6 violating the standard of care by not continuing MAT
7 treatment for OUD patients; is that right?

8 A. No. Because I did not say up to this day.

9 Q. Up until the time you left?

10 A. Correct.

11 Q. Okay. When you were a deputy director and
12 then the director of the KEEP program, were you
13 involved in policy making?

14 A. Correct. Yes.

15 Q. Did you make any efforts to change the
16 tapering policy while you were there?

17 A. Absolutely. In fact, while I was there,
18 the state prison systems were to offer methadone as
19 a treatment and then started to change to the point
20 where we could offer treatment for those
21 individuals, and they were, as the time that I left,
22 they were in the process of expanding access to all
23 individuals no matter their sentence. For more than
24 two years they can maintain methadone even if

1 A. Can you repeat what you mean by "paid them
2 to"?

3 Q. They paid for it. They paid for the CMAT?

4 A. Correct.

5 Q. And this is 2015 when Rikers was still
6 tapering all people who were charged with a felony
7 up to two or more years in jail, right?

8 A. That is correct.

9 Q. Was there any jail in the country who was
10 providing MAT for detainees in 2015 where they
11 didn't taper them; do you know?

12 A. I am not aware of that. I don't know.

13 Q. I am -- oh. Real quick. What's -- Exhibit
14 15 says letters. This is a letter. What is a
15 letter compared to a research article?

16 A. I don't know the exact criteria for a
17 research letter, but it's a research paper, so I
18 can't speak to the difference.

19 MR. HENRETTY: I think I am just about
20 done. I'm going to take a minute to circle up here
21 and check, and I -- my colleagues here may have some
22 questions as well. Why don't you give me one minute
23 and I'll let you know, and say five minutes and I'll
24 let you know if I have further questions. Okay?